Cathedral Counseling Center helps people make sense of their lives during difficult times through affordable, professional mental health services. Many of our clients are facing severe issues in their employment and finances due to the continued stresses in our economic environment. The availability of affordable mental health services at Cathedral Counseling Center enables them to face these difficult times without becoming overwhelmed by anxiety or depression, or resorting to destructive behaviors such as domestic violence, alcohol abuse, or drug addiction.
Cathedral Counseling Center provided 16,468 therapy sessions, an 11% increase over the number provided in 2008.

The average client fee was held constant at the level of $44 per session, a level we have maintained for the last 4 years.

A new therapist position was created, the Associate Therapist, and former Fellows Kate Glickman, Leigh Rocklin, and Jason Stell were hired in this role.

Two groups for victims of post-traumatic stress disorder were held and well-received, and a Consultation Group for Advanced Clinicians was initiated.

Our first annual benefit held at Maxim’s contributed $50,000 – the most ever!

New directors were welcomed to the board: Dawn Baity, Greg O’Leary and Stephan Roberts.

The board’s January retreat resulted in a set of priorities and action plans for the coming years, as well as renewed commitment.

Cathedral Counseling Center successfully secured its property tax exemption.

During an economic time when many non-profits are not financially sound and having to reduce services, Cathedral Counseling Center is financially stable and growing.
We are grateful for our community of friends

According to Giving USA 2010 charitable giving in the United States dropped 3.6% in 2009. Because Cathedral Counseling Center is extremely blessed with a dedicated and generous community of over 250 donor friends, we were able to meet our goal for donations in 2009 and end the year breaking even. We are particularly thankful for the donors who responded to our special appeal in August when our donations were lagging prior year by 45%. We welcome the 58 donors who are new to our community, many of them celebrating with us at our annual benefit or the Hagstrom’s fabulous lobster dinner, or grieving with us for the loss of special friends. The characteristic that all our donor friends share is a strong belief in the positive impact quality, affordable mental health care can make on people’s lives and on our social fabric. It is our hope that all of our donor friends will continue to make the commitment to help others through the difficult times in their lives.
Generative – Donors who have given for 9 years or more

Roseann Adams
Shusha Amabel & Anthony Ceravolo
Anonymous
Bross Family Foundation
Chalmers Development
Robert Chlebowski
Carol Connell & Doug Longhini
James Covello
Patricia & John Dreibelbis
Alexandra Earle
Salli Eley
Episcopal Charities & Community Services
Marion Faldet
Loretta Ferlauto
Linda Fisher
Carolyn Fortman
James & Louise Glasser
Constance & Arnold Goldberg
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Jane & Paul Strehlow
Anne Taft
Elsa Vaintzettel
Cynthia Walls & Ed Clancy
Joan Ward
Barclay Welch & Kristen Underhill Welch
Ellen Wiggins & Kathy Powers
Hak Yui Wong

Genuine – Donors who have given for four to eight years

Annie Avery & Alison Gross
Elsie & Horace Barks
Beverly Barsy
Steel & Penny Bokhof
Virginia Brickley
Galen & Birch Burghardt
Roland Chang & Deborah Sobol
William Ciganek
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Wilda Dailey
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Julian & Molly D’Esposito
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Robert Edger & Gunn Lavoll
John & Susan Eley
Christine & Paul Fisher
Barbara Fleming-Claussen & Dirk Claussen
Jill Gardner
Deborah Gessner
Maggie Gibbs
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David Gillingham  
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Judith Millenson  
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Roberta Osher  
Nina Riccardi  
Hipalito & Ida Roldan  
Natalie Ross  
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Wendy Wasson  
John & Gail Wasson  
David Wick  
Stephanie Wright  
Amy Zajakowski-Uhll  
Roger Zanchetti

2009 Donors

GENESIS – Donors who have given for one to three years

Bruce Aaron  
Allison Ackerman  
Paula & Jay Ammerman  
Barry & Elizabeth Barretta  
Susan Barrish  
Virginia Barry  
Louise Beem  
Paula Berger & John Mansour  
Mary Boehler  
Thomas Boggs  
William Borden &  
Alan Heineman  
Terry Breitwiser  
Tom & Susan Burton  
John Cecilia  
Maria Cesario  
Nadine Chapman  
Christ Church Benevolence Committee  
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James & Lori Gelbort  
Thomas Gibbs  
The Robert & Caryn  
Glickman Foundation  
Sara Gotheridge  
Kathleen Gruber
In-Kind Donations were given by:
Peggy Barber
Donna Kelly
Jay Lenn
Mario Montgomery
Matt Rogers
Sonnenschein Nath & Rosenthal
Emily Stone
Constance Wilson

Contributions are frequently given to Cathedral Counseling Center to show appreciation for or in memory of someone who has been a special supporter. Contributions are also given by our donor friends to celebrate birthdays of friends and other occasions. We appreciate and want to recognize the people who inspired these special gifts.

In Memory Of
Tom Eley
Miriam Elson
Burton Faldet
Marion Faldet
Jesse & Elaine Fleming
Mark
Sheila Dougherty Moran
Paris
Beverly Scott
Jim Sutton
Pauline, Kent, & Deryl Tribbett

In Honor Of
Bill Borden
Carol Connell
Ken Breitwiser
Barbara Cromhecke
Maggie Gibbs
Kim & Jeff Green
Jon Hagstrom
Norma Hagstrom
Maureen Kelly
Lynn McIntyre
Ann Nash
James & Rita Sheinin
Anne Taft
Michael Tobin
Diane Todd & Jeanette DeFriest
Judith Tribbett
In 2009 Cathedral Counseling Center responded to over 1,200 calls for help and cared for about 1000 people by providing 16,468 therapy sessions. We are committed to providing high quality mental health services to adults based on the client’s ability to pay, regardless of age, gender, race, religious or sexual preference. This chart provides an overview of these characteristics of our clients:
2009 Annual Report

Allocations of Funds

Sources of operating revenue
2009 Total = $1,459,284

- Client Fees and Insurance $1,173,230
- Other $11,823
- Episcopal Charities & Community Services $65,000
- Donations: Organizations $91,975
- Donations: Individuals $117,256

Uses of funds
2009 Total = $1,487,195

- Direct Services $1,213,188
- Fundraising $51,382
- Management $222,625
Your Donations Helped Provide
16,468 Therapy Sessions to
Relieve Mental Suffering

2009 Board of Directors
Loretta Ferlauto, President
Philip Hale, Vice President
The Rev. Andrea Mysen, Treasurer
Diane Todd, Secretary
Dawn Baity
The Rev. M.E. Eccles
Christine Fisher
Jon Hagstrom
Ann Nash
Gregory O’Leary
Stephan Roberts
Judith Tribbett

Ex Officio
The Rt. Rev. Jeffrey D. Lee, Bishop of Chicago
The Very Rev. Joy Rogers, Dean, St. James Cathedral
Georgianna Gleason, Executive Director, Episcopal Charities & Community Services
Christine Fisher, Esq., Legal Counsel, Sonnenschein Nath & Rosenthal
Maureen R. Kelly, Executive Director

Lifetime Trustees
Alexandra C. Earle
Linda Fisher
Janet Wolter Grip, MD

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A member agency of Episcopal Charities & Community Services