ADDRESSING COVID-19

At Cathedral Counseling Center our mission is helping people make sense of their lives during difficult times, and these are difficult times indeed for all of us. The emerging situation with COVID-19 is one that we take very seriously here at Cathedral. Our first concern is to safeguard clients’ physical wellbeing as well as their mental health.

Continuity of care is important, especially in times of uncertainty and isolation when anxiety can be heightened. Given our commitment to serving clients in crisis, Cathedral will continue to deliver high-quality psychotherapy services until further notice.

Most therapists are providing sessions through teletherapy, and there are also limited in-person sessions available at this time.

We are monitoring the city and state recommendations, as well as guidelines from the CDC and WHO, to allow us to continue offering some services in person while maintaining appropriate physical distance and more stringent standards of hygiene.

We are committed to ensuring that we are following proper protocol for sanitizing and disinfecting offices, public areas like the front desk and waiting room, doors, and general areas.

New clients seeking services should contact us at (312) 252-9500, extension 130.

Existing clients with questions or concerns, please contact your therapist directly.

As the situation evolves, you can expect further updates on our response here.