

# CATHEDRAL COUNSELING CENTER

For over 35 years, Cathedral Counseling Center has provided quality, affordable psychotherapy and psychopharmacology services to anyone in need. Treatment decisions are based on client needs, and fees are set on a sliding scale based on household income and ability to pay. Cathedral Counseling Center is staffed by experienced clinicians with a minimum of ten years postgraduate practice and advanced training in many specialized areas.

Cathedral Counseling Center is a 501(c)(3) non-profit organization that relies on the generous support of donors to keep services available and affordable. To learn more please visit our website,

[www.cathedralcounseling.org](http://www.cathedralcounseling.org).



CATHEDRAL COUNSELING CENTER

50 EAST WASHINGTON, SUITE 301  
CHICAGO, ILLINOIS 60602



CATHEDRAL COUNSELING CENTER



Professional  
Development  
Programs





## PROFESSIONAL DEVELOPMENT PROGRAMS

In addition to providing high quality psychotherapy services, Cathedral Counseling Center offers Professional Development Programs that further its decades-long tradition as a welcoming professional community dedicated to training the developing clinician.

For more information, please contact:  
Amy Zajakowski-Uhll, LCPC  
312-252-9500 x144

### Workshop Series

Each academic year, Cathedral Counseling Center offers a series of workshops typically around a particular mental health theme. Recent themes have included staying connected to people in great psychic distress, working with uncertainty and doubt, and enlivening our work. For information about this year's series, please see our website, [www.cathedralcounseling.org](http://www.cathedralcounseling.org).

### Consultation Services

#### Individual Supervision

This Cathedral Counseling Center program is intended for mental health professionals who seek high-quality individual supervision from seasoned clinicians. On a sliding-scale basis, Cathedral

Counseling Center makes available licensed supervisors to members of the mental health community who wish to develop increased clinical competence within the context of a supportive relationship. Both LCSW and LCPC supervisors are available. All supervisors have at least 10 years of experience and advanced training in many specialized areas.

#### Program Benefits

- ☞ *One hour of individual supervision weekly with a Cathedral Counseling Center staff therapist*
- ☞ *Invitation to monthly in-service training meetings held the first Wednesday of each month*
- ☞ *Discount on annual Professional Development Series*
- ☞ *Continuing Education Credits*

#### Consultation Groups

Bridging practice wisdom and theory, our consultation groups are designed for mental health professionals who wish to cultivate deep clinical understanding in a dynamic learning environment. Participants agree on areas of focus within a monthly format of case presentation and discussion led by Cathedral Counseling Center staff clinicians.

#### Program Benefits

- ☞ *Monthly case presentation and discussion group*
- ☞ *Discount on annual Professional Development Series*
- ☞ *Continuing Education Credits*

## Fellows Program

This program is designed for licensed mental health professionals with at least two years of clinical experience who wish to gain increased clinical competence through supervision and didactic seminars. The Fellows Program provides a stimulating learning environment where participants can improve their psychodynamic psychotherapy skills and develop lifetime professional learning patterns. Participants make a two-year commitment of six to eight hours per week.

#### Program Benefits

- ☞ *One hour of individual supervision each week with Cathedral Counseling staff*
- ☞ *Monthly group supervision*
- ☞ *Invitation to monthly in-service training meetings held the first Wednesday of each month*
- ☞ *Attendance at monthly staff consultation groups*
- ☞ *A wide variety of clients seeking psychotherapy*
- ☞ *Opportunity for individual, couple and group therapy experience*
- ☞ *Full use of agency resources, including office space and voice mail*
- ☞ *Admission to annual Professional Development Series*
- ☞ *Continuing Education Credits*
- ☞ *Certificate of achievement presented upon satisfactory completion of the program*